

V IS FOR VIRUS

A film by Colin Davis and Melissa Mari

<http://visforvirus.com> Film Site

<http://livinginthemovie.com> Home Site

Conceptual Outline 1.4

“The increasing social decay we are now experiencing will continue until we wake up to the dark side of our nature, or it will destroy us before we can do so.”

“The primary focus of this work is twofold. The first is to develop an easily understood systems level view of the destructive forces in the universe, most importantly, in the human mind and culture, and the second is to share novel and ancient methods of emotional and psychological healing.”

“The film will also detail the invisible destructive relationship that exists between all human beings through energetic domains unseen, which create and fuel parasitic or viral ecosystems of the psyche that presently use an unaware humanity as an energy source, continually traumatizing our species cyclically.”

V is for Virus, is a novel documentary film by Colin Davis and Melissa Mari that tells the story of their own spiritual quest for healing and transformation, and shares cutting-edge concepts and methods for the evolution of personal consciousness through psychic shadow integration and awareness of personal darkness. The film is currently in the pre-production and research phase of development, so far 2 years in the making.

The film falls into genres dealing with social and spiritual awareness, but takes a unique route that the filmmakers admit is challenging, but which they believe is a necessary aspect of social evolution in the context of global crisis. This is because the film's primary focus is on the so-called 'shadow' of the human psyche and other manifestations of the destructive side of the universe. The film's creators take the position that unless the dynamics of human destruction are illuminated and then physically integrated into the psyche, destructive energies caused by our present stage of evolution will continually be recycled and projected onto the world stage, keeping humanity in a retarded state of collective consciousness. **In other words, the increasing social decay we are now experiencing will continue until we wake up to the dark side of our nature, or it will destroy us before we can do so.** The film delivers concepts helpful to all human beings, but especially aims at a younger audience or those with more evolutionary energy available within them.

The film uses a systems theory tool called **Holarchy**, modeled with elegant graphics, as a visual method for navigating through many conceptual domains. Holarchy describes the same-similar, interconnected and modular nature of the universe. It is used in the film as

a map for navigating through the cosmos, right into the human mind and culture, in search of the primal forces of destruction and the mechanisms of social decay.

The primary focus of this work is twofold. The first is to develop an easily understood systems level view of the destructive forces in the universe, most importantly, in the human mind and culture, and the second is to share novel and ancient methods of emotional and psychological healing. This is done through the context of the filmmakers ongoing spiritual work on themselves and the dynamics of their powerful but challenging relationship which they use as a laboratory for this work. The work explored is being critically and scientifically addressed, but the film's creators do not adhere to many current scientific postulations about life and existence, which they shamelessly reject as limiting to their own increasing awareness. The film will holistically explore ways of seeing destructiveness through science, philosophy, spiritual and mythological viewpoints, including those addressed by western religion as evil or sin, from zoomed out perspectives that will allow the viewer to embrace a difficult subject with a more objective viewpoint. The film will show the relation between many models of destruction such as our understanding of viruses in the body, to black holes in astronomy, from entropy in thermodynamic systems, to demons and spirits as described by ancient cultures, and tie them together conceptually and understandably.

The filmmakers interview cutting edge thinkers whose work has been transformative for them, and share those conversations with the viewer. The end result will be a holistic view of personal and social decay that will transform the viewers' awareness of their own destructive nature, and deliver a basic platform for shadow integration and healing that is truly novel and powerfully effective.

Examples of healing practices and viewpoints the filmmakers are presently using are John Ruskan's Emotional Clearing method, Michael Brown's Presence Process, Lama Tsultrim Allione's Feeding Your Demons method, Stanislav Grof's Holotropic Breathwork and eastern mindfulness practices. **The film will also detail the invisible destructive relationship that exists between all human beings through energetic domains unseen, which create and fuel parasitic or viral ecosystems of the psyche that presently use an unaware humanity as an energy source, continually traumatizing our species cyclically.** Examples of current models of this understanding are detailed by authors Eckhart Tolle as the Pain Body, and Paul Levy as Wetiko. Ancient rituals which have been a part of shadow integration in past cultures are also explored and shared.

The creators of this film are not only making a piece of art for an audience, but are on a deeply spiritual quest that is transforming their own consciousness in the process and turning their own lives into "Life Art". They speak of the projected nature of their personal reality that they call "Living in the Movie", and they continue to track and trace their own destructive psychic content all the way back to its universal source. This work is an ongoing process of personal transformation and hoped to be a powerful gift for humanity. The filmmakers encourage and support all authors and practitioners who are

embracing this enshrouded domain, which they see as a fundamental key to the transformation of collective consciousness. This work is very much in progress and the included subjects, concepts and experts will surely be updated as the filmmakers own awareness increases.